

SAFETY CALENDAR

TRANSPORTATION

Keep safety in mind all year long.



Slips, trips and falls are the No. 1 cause of workplace injuries for transportation companies with costs averaging \$48,000 per lost-time claim. This interactive calendar offers suggestions of how you might use Missouri Employers Mutual's free resources to help eliminate slips, trips and falls while on the road. It starts with January, but you can start your safety program any time!

JANUARY	FEBRUARY	MARCH	APRIL
<p>Use our DEVELOPMENT GUIDE to start creating your Slip, Trip and Fall Program.</p> <p>TRANSPORTATION Use this guide to help develop your Slip, Trip and Fall Program.</p>	<p>Stay safe with appropriate foot protection. Post the PROPER FOOTWEAR poster in high traffic areas.</p> <p>TRANSPORTATION Proper Footwear</p>	<p>TRANSPORTATION Parking Lot Safety</p> <p>Hang the PARKING LOT SAFETY poster as a visual reminder for employees of hazards that lurk in parking lots.</p>	<p>Share a short slip, trip and fall SAFETY PRESENTATION at your next staff meeting.</p> <p>Slip, Trip and Fall Prevention Transportation—Preventing Truck Falls</p> <p>Missouri Employers Mutual Work SAFE</p>
<p>Wash bay floors are almost always wet. Cover the WASH BAY SAFETY Tool Box Talk with employees.</p> <p>TOOL BOX TALKS Wash Bay Safety Transportation Slip, Trip and Fall Prevention</p> <p>Wash bay floors are almost always wet. Wet floors can become very slick when conditions change or if they become oily. Wet floors can cause slips, trips and falls. Review these safety tips with your employees.</p> <p>Use rolling ladders to reach the tops of trucks and trailers during washing or maintenance.</p> <p>Tool Box Tips</p> <ol style="list-style-type: none"> 1. Wear proper footwear for slick, wet or oily conditions. 2. Use rolling ladders to reach tops of trucks and trailers during washing or maintenance. 3. Keep rolling ladders in good mechanical condition. 4. Rolling ladders that have been damaged or "bumped" must be removed from service. 5. Ladders not in use should be rolled up or removed from the area. 6. Overhead catwalk systems must be maintained in proper working order. 7. Overhead fall arrest systems must be used whenever employees cannot work within the confines of a guardrail system. 8. Overhead fall arrest systems must be inspected often and protected from damage. 	<p>Floors, pits and docks are common fall hazards. Share a poster with your staff about MAINTENANCE SHOP SAFETY.</p> <p>TRANSPORTATION Maintenance Shop Safety</p>	<p>Beverage delivery drivers face several distinct hazards throughout their work day. Review the BEVERAGE TRUCK SAFETY Tool Box Talk with your employees.</p> <p>TOOL BOX TALKS Beverage Truck Safety Transportation Slip, Trip and Fall Prevention</p> <p>Beverage delivery employees confront various sizes and weights of beverage cases from their truck daily. Delivery trucks are generally tall with steep and tight angle seats. The boxes are often seven feet high, 40 inches wide and 40 inches deep. Damage often occurs several hazards throughout the day including fatigue, slips, falls, strains and sprains. Review these safety tips with your employees.</p> <p>Delivery trucks must be inspected before and after each trip.</p> <p>Tool Box Tips</p> <ol style="list-style-type: none"> 1. Delivery trucks must be inspected before and after each trip. 2. Drivers should always maintain a safe following distance and never tailgate. 	<p>Climbing in and out of truck cabs can put operators at risk for shoulder, back and rib injuries if they are not done properly. Cover three point contact tips when discussing TRUCK AND TANKER FALLS.</p> <p>TOOL BOX TALKS Preventing Truck Falls Transportation Slip, Trip and Fall Prevention</p> <p>Falls from trucks often cause ribcage, back strain and shoulder strain injuries. Prevent these types of injuries by reviewing these safety tips with your employees.</p> <p>Tool Box Tips</p>
<p>Serious injuries can occur around loading docks. Post the LOADING DOCK SAFETY poster in high traffic areas.</p> <p>TRANSPORTATION Loading Dock Safety</p>	<p>Preventing slips, trips and falls starts with aware employees. Review the PREVENTING TRUCK FALLS Tool Box Talk at a safety meeting.</p> <p>TOOL BOX TALKS Preventing Truck Falls Transportation Slip, Trip and Fall Prevention</p> <p>Falls from trucks often cause ribcage, back strain and shoulder strain injuries. Prevent these types of injuries by reviewing these safety tips with your employees.</p> <p>Tool Box Tips</p> <ol style="list-style-type: none"> 1. Wear proper footwear. 2. Wear slip-on ice cleats when working in icy conditions. 3. When reeling and demustering trucks, use proper steps and grab bars. 4. Never lean back out of a vehicle or off of a trailer. 	<p>Winter weather is on the horizon. Post the WINTER SLIPS AND TRIPS poster to remind staff about common injuries to avoid.</p> <p>TRANSPORTATION Winter Slips and Trips</p>	<p>Hang the PICKUP TRUCK SAFETY poster as a visual reminder of hazards that lurk around trucks.</p> <p>TRANSPORTATION Pickup Truck Safety</p>
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To download **EVEN MORE** free resources, visit our website www.worksafecenter.com/TransportationSTF.page dedicated to eliminating slips, trips and falls.

