

TOOL BOX TALKS

Fall Arrest Anchorage Points

Slip, Trip and Fall Prevention



Anchorage points are a critical component of a personal fall arrest system and must be strong enough to withstand the impact force of a fall. They must be strong enough to hold the weight of a suspended pickup truck. Also consider swing fall and total fall distance when choosing anchorages. Review these fall arrest anchorage point safety tips with your employees.

Tool Box Tips

1. Fall arrest users must be trained and authorized.
2. Install anchorages per manufacturer instructions.
3. Do not reuse disposable or damaged anchorages.
4. Never “loop” a connecting lanyard around a beam or railing—use the correct anchorage devices.
5. To limit fall distance, anchorages must be above the D-ring of the body harness.
6. Anchorages must be inspected daily or before use.
7. When used with a shock-absorbing lanyard, anchorages must be able to support 5,000 pounds of force.
8. When used with a self-retracting lifeline, anchorages must be able to support 3,000 pounds of force.
9. To prevent swing-fall, the anchorage point must be directly above the employee.
10. Employees must regularly review their body position in relation to their anchorage point.

Did you know?

Falls from elevation account for a significant percent of all deaths in the workplace.

These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.

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