

TOOL BOX TALKS

Death by Fall

Construction Slip, Trip and Fall Prevention



Job site falls are a top cause of employee injuries and deaths. Roofing contractors, carpenters and trades working at heights are at risk of fall. Falls from ladders, rooftops, walls and machines are a leading cause of serious injuries and leave many employees paralyzed.

Tool Box Tips

1. Prepare a fall protection plan for each new job site.
2. Prevent job site falls by using guardrails, personal fall arrest systems and boom or scissor lifts.
3. Good quality guardrails must be set up on ALL scaffolds including mobile scaffolds and pump jacks.
4. Erect scaffolds on a stable and level base.
5. Personal fall arrest systems must be used on ladder jacks ten feet or more in height.
6. Wear a harness and short lanyard when in scissor lifts, boom lifts or bucket trucks.
7. Never stand on a guardrail.
8. Skylights are considered holes and should be covered to prevent an employee from falling through.
9. When using a personal fall arrest system, work directly below the anchorage to reduce the swing in a fall.
10. Minimize fall distance.
11. Install guardrails around windows, stairs, elevators, HVAC, and stairwell openings.
12. Guardrails must be strong and support a 200 pound load.



Lifting employees on the forks or in buckets can lead to a fatal fall.



Cover all skylight holes.



All scaffolds need guardrails.

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