

# TOOL BOX TALKS

## Slip Prevention Awareness

### Slip, Trip, and Fall Prevention



An employee rounded a corner near the entrance of an office building. Her right foot, which was bearing weight during her stride, slipped out from under her. She threw her left arm out to catch her fall which resulted in a traumatic shoulder rupture. The employee required months of treatment, immobilization and therapy.

#### Tool Box Tips

1. Report any slips that occur while you're at work.
2. Clean up any wet or slick spots on the floor. Report any problems that you can't clean up or handle yourself.
3. Be careful. Three major factors that contribute to slips are poor choice of footwear, contaminated floor surfaces and fast strides.
4. Check your footwear. Footwear with poor slip resistance such as heels, slip-on sandals and flip flops can contribute to slips.
5. Send an email to coworkers reminding them to wear proper footwear and walk carefully during wet, snowy or icy weather.
6. Replace any light bulbs that go out. Poor lighting can contribute to falls.
7. Inspect the floor surfaces and change out mats regularly in your work area often on rainy, snowy or icy days.
8. Keep mops, squeegees and fans ready to dry wet floors immediately. Place warning signs at damp or wet areas.
9. Keep plenty of ice melt down along curbs, ramps and doorway entrances.
10. Do not text and walk.
11. Wear ice cleats or other traction devices when working out in ice or snow conditions.

**The right footwear  
can prevent  
minor slips  
that result in  
major injuries.**

*These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.*

#### For more information:



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