

TOOL BOX TALKS

Building Slips and Trips

Slip, Trip, and Fall Prevention



An employee missed a step while walking down a set of stairs. In her written statement, she said she was talking on her cell phone and carrying a ream of copy paper to her home room. A meniscus injury resulted in lost time, medical expenses and increased overtime costs.

Tool Box Tips

1. Use handrails for support when you are ascending or descending stairs to help maintain your balance.
2. Avoid carrying bulky, large or heavy objects up or down stairs with both hands.
3. Report any bulbs that are out near stairs or in stairwells.
4. Remove and report any hazards that cannot be fixed immediately.
5. Keep slip-resistant finishes, tapes and surfaces in good condition. Report any excess wear, damaged or worn out sections.
6. Make sure employee and visitor entrances, kitchen areas and restroom floor mats are dry during precipitation.
7. Keep an eye out for oily spills, water leaks, curled rugs and changes in floor surfaces while inside.
8. Keep supplies, boxes, trash and work products out of pathways and walkways.
9. Make wide turns when rounding a corner and never run.
10. Wear the right footwear for the job and be sure to switch your footwear when hazards change.
11. To avoid saturation, change floor mats out frequently.
12. Keep extra floor mats available during inclement weather.

Preventing slips, trips and falls starts with safe surfaces and aware employees.

These advisory materials have been developed from national standards and sources believed to be reliable, however, no guarantee is made as to the sufficiency of the information contained in the material and Missouri Employers Mutual Insurance Company assumes no liability for its use. Advice about specific situations should be obtained from a safety professional.

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